



YACHT CLUB ITALIANO

GENERIC PROTOCOL CONTAINING MEASURES TO CONTRAST AND  
CONTAIN THE DIFFUSION OF THE “COVID 19” VIRUS DURING THE  
CONDUCT OF SAIL COMPETITIONS



YACHT CLUB ITALIANO

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## Introduction

This Operational Protocol provides a first and preliminary schematic identification, subject to better detail in relation to the evolution of the project, of the measures adopted by the Organizer (Yacht Club Italiano) in order to allow the safe performance of the sailing competitions, as well as the related preparatory activities (merely by way of example, access to the sports site and, therefore, to the Club's premises, ground activities, registration and distribution of materials, award ceremonies), in accordance with the provisions of the guidelines in force on containment of the diffusion of the "Covid-19" virus.

This protocol, adapted to the context and the regattas calendar as a whole, refers and acknowledges the contents of annex 9 to DPCM 14/01/2021, the rules of the implementing protocol approved by the Presidency of the Council of Ministers on 22/10/2020 issued pursuant to DPCM 17/05/2020 art. 1 letter f) and updated by article 1, paragraph 6 of the Prime Minister's Decree of 13 October 2020 and by article 1, paragraph 1, letter d, points 1 and 2 of the Prime Ministerial Decree of 18/10/2020, as well as the provisions of the regimentation and standardization protocol of the practice of sailing sport adopted by the Italian Sailing Federation (FIV), updated on 15/10/2020.

Depending on each individual regatta scheduled in the calendar, the Organizer will make sure to prepare specific guidelines that will be published on the Yacht Club Italiano website, in the section of the regatta to which they refer.

During the racing days, the spaces of the Yacht Club Italiano are used by two types of users:

- the partners, for whom, in addition to the so-called "Covid Protocol" already prepared for the ordinary activities of the club, also this document;
- all those who, for various reasons, access the Yacht Club Italiano site during sailing competitions (competing athletes, instructors, coaches, support and assistance staff, etc.), who are required to comply with this document.

## Information

In order to guarantee the maximum safety of the places used to host the sailing competitions, the Organizer prepares adequate and precise information on the precautions and procedures for accessing and staying in these areas, without distinction applicable to all those who intend to enter. This communication must be made through the most suitable and effective methods. The Vademecum referred to in **Annex 1** is placed at the Club entrances and in the most popular places. The preventive information referred to in **Annex 2** is also provided, addressed to anyone accessing the facility, be it external users (competing athletes, instructors, coaches, support staff and assistance staff, regatta officers, measurers), and internals (partners, collaborators/employees). The document provides the following information:

1. The obligation not to enter the Club headquarters and in any space of the same, even open, and to remain at home in the presence of fever (over 37,5°) or other flu symptoms and to call your family doctor and health authority (number 1500 or number 112).
2. The obligation not to enter or remain inside the structure and to promptly declare it where, even after entering, the user feels the present of dangerous conditions (symptoms of flu, or body temperature higher than 37,5° or contact with people who tested positive for the virus in the previous 14 days).
3. The commitment to comply with all the provisions of the Health Authorities (in particular that concerning interpersonal distancing and sanitation standards).



## Sports competition site

The competitions are held in all their phases in the open, except as specified below, and without the presence of the public until the end of the emergency, as required by the Government and/or Local Authorities.

The competitions hosted at the Yacht Club Italiano are held in such a way as to allow athletes, regatta officers, measurers, technical staff involved and accredited support persons to maintain an interpersonal distance of at least 1 meter.

As for the capacity of the spaces of the Yacht Club Italiano, it is calculated according to their size, given that within the indoor areas an interpersonal distance of at least 1.5 m on all sides must be guaranteed, for a total of 6 square meters per person, while in the outdoor areas it is mandatory to respect the interpersonal distancing of at least 1 m on all sides, for a total of 4 square meters per person.

In outdoor areas it is mandatory to use a respiratory protective mask, properly worn, in order to cover the nose and mouth. In the areas designated for carrying out the activity, dispensers with hydroalcoholic hand-washing gel are positioned for the participants.

Pursuant to art. 1, paragraph 10, letter e) of DPCM 14/01/2021, the entry into the sports site of competing athletes, instructors, coaches, support and assistance staff, regatta officers, measurers as well as members, collaborators/workers employees who may have stayed or transited in the preceding fourteen days in states and territories listed in lists C, D, and E of attachment no. 20 of the aforementioned decree, it is permitted upon subjecting, in the 48 hours prior to entry into the national territory, to a molecular or antigenic test, carried out by means of a swab and negative result.

Pursuant to art. 1, paragraph 10 letter h) of DPCM 14/01/2021, access to the sports site of competing athletes, instructors, coaches, support staff and assistance staff, regatta officers, measurers as well as members, collaborators/employees that come from countries for which entry into Italy is prohibited or for which quarantine is envisaged, is permitted where the latter, after having undergone molecular or antigenic tests to verify the state of health in the 48 hours prior to the entry into Italy, are in possession and exhibit the result (complete with personal data of the subject) which certifies their negativity.

In any case, competing athletes, instructors, coaches, support staff and assistance staff, regatta officers, measurers are obliged to obtain self-certification (**Annex 2**) duly completed and signed to be delivered at the time of access to the personnel in charge to take body temperature.

## Indoor spaces

The premises that may be required by the Organization for logistical activities reserved for the technical staff, must be adequately aerated, ventilated and sanitized periodically with products with technical specifications illustrated in **Annex 4**.

Devices for dispensing detergents with hydroalcoholic solutions for hand washing must be placed at the entrance to the premises. It will be possible to access closed spaces by making mandatory use of a mask. No objects, clothing and/or personal effects may be left on the premises, unless it is possible to store them in personal lockers.



## Outdoor spaces

The outdoor spaces are organized in order to ensure sufficient space for interpersonal distancing of at least 1 meter. These areas are not allowed for public access. The equipment present and used in the open spaces (tables - chairs - other equipment) are periodically sanitized with suitable products. In the phases that precede or follow the course of the regatta ashore, the organizing committee prepares routes to avoid gatherings in specific areas of the Club, favoring the distribution of the competitors throughout the available area. In outdoor areas, it is mandatory to use a mask correctly worn to cover the nose and mouth.

## Changing rooms and toilets

The use of changing rooms is prohibited.

Where changing rooms and toilets are exceptionally to be used, great attention will be paid to cleaning and sanitizing them which must be carried out on a scheduled basis several times a day in compliance with the procedures/regulations issued by the competent Authorities.

The dressing and undressing, to proceed with the boat trip, must preferably take place in open spaces. If these operations are not possible in open spaces, if carried out in closed spaces, they must take place ensuring a flow that allows interpersonal distancing of at least 1 meter, both in the entry/exit phase and in the use phase by using protective masks. The number of people who can use the services is determined on the basis of the size of the room, which must always be adequately aerated or ventilated.

All clothing must be stored inside the personal bags.

Inside and near the entrance to the changing rooms, there are devices for dispensing detergents with a disinfectant function.

## Offices

For any secretarial activities in presence, the premises must be accessed one at a time in order to maintain the social distance of at least 1 meter with the staff and wearing a mask to cover the nose and mouth.

## Registrations

In order to avoid gatherings during competitions, registration takes place exclusively electronically through the IT platforms that are identified from time to time by the Organizer and which will be communicated through the announcement and/or website.

Payment must be made exclusively by bank transfer or other system in order to avoid any payment when accessing the Club. Any other registration document that cannot be managed through the aforementioned platforms (measurement certificate, insurance policy, crew list, registration fee payment certification) must be sent to the Organizer by e-mail.

During the registration/accreditation phase it is necessary to provide a telephone contact of the participant and/or technician and/or owner, which the Organizing Committee and/or Race Committee and/or Complaint Committee will use to send communications and provide information.

Before the start of the regattas, competitors must provide self-certification as per **Annex 3**.



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Entries must close 10 days before the date of the national regattas and 3 days before the date of the area and social regattas.

The technicians, race officials and any person involved in the organization of the competitions are required to deliver the self-certification to the Organizing Committee as per **Annex 3**.

## **Distribution of material**

The distribution of any material to racers/technicians (gadgets, pocket lunches) or to the assistance staff at the event, takes place by sending it to the addresses provided during registration or, if this is not possible, by delivery to the Club, in an outdoor place, ensuring interpersonal distancing of at least 1 meter. Distribution personnel are required to wear the mask correctly, in order to cover the nose and mouth.

## **Communications to competitors and technicians**

Communications (notice boards and bulletin boards) take place exclusively electronically through the IT platforms that are identified from time to time by the Organizer.

For communications with the race secretariat, the Organizer will provide a telephone number and/or an e-mail address or other applications capable of allowing competitors to communicate with the Organizing Committee, the Race Committee and the Complaint Committee and send documents.

## **Briefing activities**

The organizing committee avoids as much as possible to provide for briefing activities, preferring the use of other forms of communication to competitors and technicians, in order to avoid gatherings.

The briefing activities, if indispensable, may take place exclusively in previously equipped outdoor spaces where the number of competitors is very limited and it is possible to maintain an interpersonal distance of at least 1 meter.

In offshore racing, one-design, double and multiple boats, only one representative of each boat is allowed to participate in the briefings; only one coach meeting is allowed in regattas for youth classes.

In briefing activities, the use of a protective mask correctly worn to cover the nose and mouth is mandatory.

In the places identified to host the briefing activities, devices are set up for dispensing hydroalcoholic solutions for hand washing.

The duration of the meetings does not exceed, approximately, 30 minutes.

## **Complaints and discussion room**

For the discussion of the complaints, the Organizer identifies a suitable room, indicated to the competitors using the aforementioned tools, which allows interpersonal distancing of at least 1 meter.



The hearing room, adequately aerated, ventilated and sanitized daily with products with technical specifications illustrated in **Annex 4**, is equipped with devices for dispensing detergents with hydroalcoholic solutions for washing hands placed at the entrance.

It can only be accessed by using a mask correctly worn to cover the nose and mouth and after sanitizing the hands.

The presence of observers is limited to hearings involving underage competitors.

Recourse to the arbitration institute is favored.

## Competitors

During the activities on the ground, the athletes must respect the distance of at least 1 meter between themselves and with respect to the sports operators. It is mandatory to use the protective mask correctly.

Good hygiene practices are recalled. It is necessary:

- Wash your hands frequently, as per the attached health prescriptions (**Annex 2**);
- Never touch your eyes, nose and mouth with your hands;
- Sneeze and/or cough into a tissue avoiding hand contact with respiratory secretions; if you don't have a tissue available, sneeze into the inside crease of your elbow;
- Avoid leaving personal clothing worn in places shared with others, but store them in backpacks or personal bags and, once back home, wash them separately from other clothing;
- Always drink from disposable glasses or personalized bottles;
- Immediately throw paper tissues or other materials used such as plasters, bandages, etc. (well-sealed) in appropriate containers.

The individual protection devices to be used on the various occasions of interaction for the purpose of containing the infection are: Mask to cover the nose and mouth.

Competitors are required to undergo daily body temperature measurements, carried out by the Organizing Committee when entering the sporting site of the event.

For all racers, the use of a mask is also mandatory in the outdoor areas. Therefore, the use of the mask is necessary in the phases that precede on land (up to the exit in the water) and follow (on return to land) the regatta.

The mask must be worn correctly, covering the nose and mouth.

There is no obligation to wear a mask during the sports activities in the water.

## Instructors, coaches, support and assistance staff

During the regatta, participation jointly with the athletes is limited only to instructors/coaches and other technical staff (athletic trainer or physiotherapist, etc.). The interpersonal distance of at least 1 meter remains unchanged, which must be maintained throughout the activity on land and in the water and the use of the mask correctly worn so as to cover the nose and mouth.

Instructors, coaches, support and assistance staff are required to undergo daily body temperature measurements upon entering the sporting site of the event.

Good hygiene practices are recalled. It is necessary:

- Wash your hands frequently, as per the attached health prescriptions (**Annex 2**);
- Never touch your eyes, nose and mouth with your hands;
- Sneeze and/or cough into a tissue avoiding hand contact with respiratory secretions; if you don't have a tissue available, sneeze into the inside crease of your elbow;



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- Avoid leaving personal clothing worn in places shared with others, but store them in backpacks or personal bags and, once back home, wash them separately from other clothing;
- Always drink from disposable glasses or personalized bottles;
- Immediately throw paper tissues or other materials used such as plasters, bandages, etc. (well-sealed) in appropriate containers.

### Regatta officers - measurers

Before the start of the event, the regatta officers - measurers must deliver the self-certification to the organizing committee as per **Annex 3**.

The regatta officers - measurers are obliged to undergo daily body temperature measurements, carried out by the organizing committee when entering the sporting site of the event.

In ground activities, the interpersonal distance of at least 1 meter between them and with respect to sports operators must be respected. It is mandatory to use the protective mask correctly.

Race officials - measurers must make use of personal technical equipment.

Good hygiene practices are recalled. It is necessary:

- Wash your hands frequently, as per the attached health prescriptions (**Annex 2**);
- Never touch your eyes, nose and mouth with your hands;
- Sneeze and/or cough into a tissue avoiding hand contact with respiratory secretions; if you don't have a tissue available, sneeze into the inside crease of your elbow;
- Avoid leaving personal clothing worn in places shared with others, but store them in backpacks or personal bags and, once back home, wash them separately from other clothing;
- Always drink from disposable glasses or personalized bottles;
- Immediately throw paper tissues or other materials used such as plasters, bandages, etc. (well-sealed) in appropriate containers.

A mask must be used on board committee boats (boat committee – boat arrivals).

When on board with several people, it is mandatory to maintain an interpersonal distance of at least 1 meter and to use the mask correctly.

### Rankings

The staff for the rankings works in separate rooms and if in contact with race officers or other subjects for the compilation of the rankings must wear a mask. The Race Committee is invited to use IT tools to communicate the arrivals (such as sending via chat or photos of the order of arrival directly from the finish boat). The publication of the rankings takes place exclusively electronically through the IT platforms which are identified from time to time by the Organizer and which will be communicated via the announcement and/or website.

### Launching/hauling of the boats

During the launching/hauling procedure of the boats, should the assistance of the support staff and/or the help of the regatta staff be necessary, the latter must make use of a nose and mouth covering device.

In any case, any gathering during the exit and return phase of the boats must be avoided both in case of use of a jetty, slide or beach, guaranteeing in every situation the interpersonal distance of at least 1 meter between all the subjects involved in the launching and hauling.





## **Organization boats - Conditions of use and sanitations**

All parts of the boats particularly in contact with the on-board personnel must be cleaned daily with products with technical specifications illustrated in **Annex 4**.

## **Boat committee – boat arrivals**

Inside the boat an interpersonal distance of at least 1 meter between the race officers on board is ensured. Correct use of the mask is mandatory.

## **Boats used by referees, measurers or complaints committee**

The interpersonal distance of at least 1 meter between them is ensured within the boats used by the regatta officers - measurers. Correct use of the mask is mandatory.

## **Controstarter boat and controfinish boat**

Inside the boat, interpersonal distances of at least 1 meter are ensured between the crew on board, who must make proper use of the mask.

## **Assistance boats**

On board assistance boats, protective devices must be worn to cover the nose and mouth during regatta assistance operations.

The number of personnel on board is determined based on the capacity of the unit and on the possibility of implementing interpersonal distancing measures of at least 1 meter.

## **Social events, open ceremony, awards ceremony**

Any social event that involves forms of gathering by omitting the respect of the interpersonal distance of 1 meter is prohibited.

The convivial events are suspended.

The award ceremony takes place in open spaces, in circumstances that allow participants to respect the interpersonal distance of at least 1 meter; however, it is always necessary to use the mask, correctly worn, in order to cover the nose and mouth.

In offshore/monotype regattas the award ceremony requires that the podium/stage be reserved for two members per crew. Competitors who get on the podium must keep the mask correctly worn.

## **Management of symptomatic cases**

The Yacht Club Italiano, organizer of the sailing competitions, identifies a place used exclusively for the isolation of subjects present on the sports site who may exhibit symptoms compatible with Covid-19 infection.

The symptoms to consider are:

- fever with a temperature above 37.5 °;
- symptoms of respiratory infection such as cough and difficulty in breathing.



The procedure in the event that the sports operator or other person present at the sports site manifests the aforementioned during sports activities provides for the isolation in the place specifically identified to the most restrictive extent possible of the subject and the minimization of contact with athletes presumably non-infected personnel.

The subject must wear a medical mask to prevent the dispersion of infected droplets inside the chamber. Furthermore, the subject must not use the common facilities, such as the toilet, changing room, etc., at the same time as other athletes or people present in the facility.

These common facilities must be cleaned and sanitized before and after use by the suspect infected. The procedures to be followed in the event that a person, present in any capacity within the sports site, manifests the acute onset of symptoms (fever, cough, breathing difficulties) or has a body temperature at the upper entrance are illustrated below to the limits determined above:

- 1) making sure that he always wears a mask, he is taken to the place identified by the Organizer for temporary isolation;
- 2) the Organizer notifies the health personnel present at the sports site, if any;
- 3) in the place of isolation, the subject is subjected to a new temperature measurement, after at least 15 minutes from its interception;
- 4) upon the outcome of this verification, in the case of confirmation of previous findings, the subject will be invited to contact their competent doctor;
- 5) the Organizer transmits information to the national 112 service with which, if necessary, a further and better procedure to be adopted is agreed;
- 6) in the event of a negative outcome of the above findings (second and possible third control), the user will be invited to contact the competent doctor for better information; however, the same cannot be denied access to the event;
- 7) the Organizer collaborates with the health authorities and with all those who are entitled (instructors, coaches, assistance staff, etc.) for the identification of any contacts made by the subject who has been found positive for the "Covid-19 swab", in order to allow the Authorities to apply the necessary and appropriate quarantine measures. Subjects who have had contact with the subject found positive may be banned from continuing the competition sessions.

In the event that the positivity to the "Covid-19" virus is ascertained by a person who has been present in any capacity on the sports site of the Yacht Club Italiano, the latter is required to respect and implement all obligations referred to in the aforementioned point 7).

## **Final provisions**

It is strongly recommended that competing athletes, instructors, coaches, support and assistance staff, regatta officers, measurers, inside and outside the sports site of the Yacht Club Italiano, maintain a decent and respectful behavior of all virtuous practices identified to counter the spread of the covid-19 virus, so that competitions can be held in absolute safety.

Furthermore, it is imperative that each of these subjects observe the regatta rules: it is forbidden to engage in seriously improper behavior, including the serious violation of a rule or of good manners or of the sporting spirit, and conduct that brings sport into disrepute.



**Annexes**

- 1) Vademecum of sanitary measures;
- 2) Signage relating to good hygiene practices and correct hand washing;
- 3) Individual and cumulative self-certification models;
- 4) Specification sheet of the products used for sanitizing the premises.